



Road Race Calendar  
Calendrier de course à pied

**2011**

 Running Room LTD.

 IRVING

 TIMEX

A FORT RESERVE COMPANY

## **Run NB Executive 2011**

### **Comité Exécutif de CourseNB 2011**

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**RunNB welcomes volunteers to our committee.  
CourseNB vous invite à vous joindre à notre comité.**

## **Benefits of being part of Run NB Road Racing**

1. **Run NB** promotes road running in New Brunswick by coordinating all the dates of the races throughout the Province within an organized structure to ensure that all runners are aware of the events being offered throughout the year.
2. **Run NB** publishes an annual race booklet for all NB road races. This booklet includes race information such as: dates of the races, starting times, location, distances, contact persons for the races, etc.
3. **Run NB** provides liability insurance for all organizers, volunteers and runners participating in any of the events sanctioned by Run NB
4. **Run NB** maintains a website where race information, race results, Super Series and Timex Race Standings and other pertinent NB road racing news can be found.
5. **Run NB** provides to its sanctioned events some or all of the following:
  - a. A Large Digital Numbers Finish Line Clock
  - b. Race Bib numbers
  - c. Timex Watches
  - d. Provincial Championship prize money
6. **Run NB** presents Annual Awards to the First Three Overall Winners in the Super Series Races in the seven age group categories, for both Male and Female.

**Join us and be part of the thousands of runners who do each year!**

## **Les avantages de faire partie de Course NB**

1. **Course NB** promouvoie la course à pied au NB tout en communiquant et coordonnant toutes les courses de façon structurée afin de permettre aux coureurs de planifier leur calendrier pour l'année.
2. **Course NB** publie un livret annuel comprenant l'information pertinente pour les courses à pieds au NB.
3. **Course NB** fournit de l'assurance-responsabilité pour tous les organisateurs, bénévoles et coureurs, participants à n'importe lequel de ces événements sanctionnés par Course NB.
4. **Course NB** maintient un site web où vous pouvez y retrouver les résultats des courses, classements de la Super Série, et divers autres nouvelles touchant la course à pied au NB.
5. **Course NB** rend les items suivants disponible en entier ou en partie:
  - a) Horloge digitale pour la ligne d'arrivée
  - b) Dossards
  - c) Montres Timex
  - d) Des prix monétaires pour les Championnats Provinciaux
6. **Course NB** présente annuellement, des prix aux gagnants de la Super Série aux hommes et femmes pour les sept catégories. La Super Série à comme objectif d'encourager les coureurs à participer à plus d'événements.

**Venez vous joindre à nous comme des milliers de coureurs le font à chaque année!**

## **Chairperson's Message**



## **Message du Président**

Spring is here and this can only mean the beginning of another road running season in NB. If 2011 is anything like RunNB 2010, we could see runners out in record numbers.

In 2010, RunNB inducted two more runners, Patty Blanchard and George Gallant into its Hall Fame. The 2nd Annual Runners Banquet hosted by Saint John, was a big success, just ask anyone who attended.

This year, the Fredericton Capital City Road Runners will host the 3rd Annual banquet at the end of the running season in November.

Come on out and participate in the many running events listed in the RunNB's 2011 Calendar.

Gilles Gautreau  
Chairperson

Le printemps est arrivé apportant avec lui une nouvelle saison de course sur route ici au NB. Si la saison de course 2011 s'annonce aussi profuse que celle de l'année dernière nous devrions dépasser notre record en terme du nombre de coureurs.

En 2011, CourseNB a reconnu deux autres coureurs à son temple de la renommée, Patty Blanchard et George Gallant. Le 2e banquet annuel des coureurs qui se tenait à Saint Jean, fût un réel succès, les participants peuvent y attester.

Le club de course "The Fredericton Capital City Road Runners" sera l'hôte du 3e banquet annuel qui se tiendra au mois de novembre 2011.

Venez prendre part aux nombreux événements de courses listés au calendrier 2011 de CourseNB.

Gilles Gautreau  
Président

## Welcome to the 2011 New Brunswick Road Racing Series

There are 50 exciting races which form the NB Racing Circuit. More than 20 of those races are designated as Running Room Super Series where runners will accumulate points towards the Provincial Standings. As results are received, points are compiled and will be posted on the Run NB web site. Runners will receive points only for the main race of a Super Series event.

Points will be calculated based on finish position within each age category (see list of categories below). Points will be awarded to the top 24 runners in each age category. See the point tables for positions and values. In the event 2 or more runners finish the season with an equal number of points, the runner achieving the best time at the 10K distance will win the tie.

Runners will remain in the same age category for the entire season, based upon their age as of December 31, 2011.

Previous Super Series winners are posted on Run NB's website ([www.runnb.ca](http://www.runnb.ca))

## Bienvenue à la série de course à pied du Nouveau-Brunswick pour l'année 2011

Cette année, Course NB comprends 50 courses au calendrier. Plus de 20 de ces courses font partie de la "Super Série Running Room". Vous pouvez y participer et accumuler des points envers les rangs provinciaux. Durant la saison de Course NB, les points du coureur sont accumulés et affichés sur le site web de Course NB.

Les coureurs reçoivent des points seulement pour les événements principaux de la Super Série Running Room. Les points sont calculés en se basant sur la position des coureurs dans leurs catégories d'âges respectives (voir la liste des catégories ci-dessous). En cas où deux ou plusieurs coureurs ont des points égaux à la fin de la série, le coureur qui recevra le meilleur temps sur une distance de 10km sera le gagnant.

Tout coureur demeurera dans la catégorie d'âge à laquelle il débute la saison, basée sur son âge au 31 décembre 2011.

**Les noms des gagnants des années précédentes de la Super Série se retrouvent sur le site web de Course N-B ([www.coursenb.ca](http://www.coursenb.ca))**

### POINTS FOR SUPER SERIES RACES / POINTS POUR LES COURSES SUPER SÉRIES :

1st = 50 pts	6th = 29 pts	11th = 24 pts	16th = 19 pts	21st = 14 pts	26th = 09 pts	31st = 04 pts
2nd = 45 pts	7th = 28 pts	12th = 23 pts	17th = 18 pts	22nd = 13 pts	27th = 08 pts	32nd = 03 pts
3rd = 40 pts	8th = 27 pts	13th = 22 pts	18th = 17 pts	23rd = 12 pts	28th = 07 pts	33rd = 02 pts
4th = 35 pts	9th = 26 pts	14th = 21 pts	19th = 16 pts	24th = 11 pts	29th = 06 pts	34th = 01 pts
5th = 30 pts	10th = 25 pts	15th = 20 pts	20th = 15 pts	25th = 10 pts	30th = 05 pts	35th = 00 pts



### Age Categories / Catégories :

Men + Women, age on December 31, 2011 /

Homme + Femme, age au 31 décembre, 2011

-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+



## Welcome to the 2011 Timex New Brunswick Road Running Series

## Bienvenue à la saison 2011 de la Série Timex de course sur route du Nouveau-Brunswick

**TIMEX CONTINUES TO BE ONE OF THE MAIN SPONSORS OF RUN NB, PROVIDING BOTH WATCHES AND FINANCIAL SUPPORT TO OUR ORGANIZATION. THANK YOU TIMEX!**

**TIMEX CONTINUE À ÊTRE UN DES PRINCIPAUX COMMANDITAIRES DE COURSE NB FOURNISANT DES MONTRES ET DE L'AIDE FINANCIÈRE À NOTRE ORGANISATION. MERCI TIMEX!**

### **What is the Timex Road Race Series?**

It is a series of six races chosen by Run NB which are used to select NB's top distance runners and award prizes.

### **Qu'est-ce qu' est la série Timex des courses sur route?**

C'est une série de six courses choisies par Course NB. Les résultats de ces courses sont utilisés pour choisir les meilleurs coureurs de fond du NB et leur accordées des prix.

### **How are points accumulated?**

For each race, points will be awarded as follows: first will be worth 50 points, second is 45 points, 3rd place is 40 points, 4th is 35 points, 5th is 30 points, 6th is 29 points, etc. The runner who has the highest total points accumulated will be declared the Timex Series winner.

### **Comment est-ce que les points sont accumulés?**

Pour chaque course, des points seront attribués comme suit: la première position reçoit 50 points, le 2ème 45 points, le 3ème 40 points, le 4ème 35 points, le 5ème 30 points, le 6ème 29 points, etc... Le coureur qui a accumulé le plus de points sera déclaré le gagnant de la série Timex.

### **Are cash prizes awarded by Run NB?**

A total of \$1500.00 is available to be awarded each year to Timex Series participants. For more information visit: [www.runnb.ca/General/programs.php?program=timex](http://www.runnb.ca/General/programs.php?program=timex)

### **Est-ce que CourseNB remet des prix monétaire?**

Un montant totalisant \$1500 est retenu pour attribué à chaque année aux participants de la Série Timex. Pour plus d'information visitez: [www.runnb.ca/General/programs.php?program=timex](http://www.runnb.ca/General/programs.php?program=timex)

**2011 Canadian 10km Championships  
Toronto, Ontario  
Saturday September 24, 2011**

**Championnat canadien du 10 km (2011)  
Toronto, Ontario  
Samedi 24 septembre 2011**



*Register today for one of these great events from our Running Room Super Series in New Brunswick!*

### **Le 15 km de Grande-Digue**

Saturday, April 30th in Grand-Digue, NB

### **Saint John Airport 10km**

Saturday, May 14th in Saint John, NB

### **Cross Border Challenge**

Saturday, July 2nd in Amherst, NS

### **AstraZeneca Legs for Literacy Marathon**

Sunday, October 23rd, in Moncton, NB

**Sign up online at [runningroom.com](http://runningroom.com)**

**Visit us online or drop by a store location to check out our training programs**

**Join us for our FREE practice sessions every Wednesday at 6:00 pm and Sundays at 8:30am**

**[www.runningroom.com](http://www.runningroom.com)**

**Fredericton Running Room**  
Kings Place Unit 26, 440 King St  
Ph: (506) 459-4440  
[fredericton@runningroom.com](mailto:fredericton@runningroom.com)

**Moncton Running Room**  
Landing at the Bend, 300 Main St  
Ph: (506) 386-6002  
[moncton@runningroom.com](mailto:moncton@runningroom.com)

**Saint John Running Room**  
Brunswick Square, Unit A1 39 King St  
Ph: (506) 652-6946  
[brunswicksquare@runningroom.com](mailto:brunswicksquare@runningroom.com)

## Kids LiveWell

## Jeunesse active

Kids LiveWell is a new RunNB program, sponsored by Irving Oil. The program is geared towards youth participation in the road races that take place during the RunNB season (late April to early November).

At Irving Oil, the health and wellness of its employees and community are core values. Over the years the company has sponsored many active living programs and sports for youth, from the Run, Jump, Throw Program to the annual Bantam AAA hockey championship, the Irving Oil Challenge Cup. Irving Oil is proud to offer the Kids LiveWell program to young runners throughout New Brunswick.

Any race organizer of a RunNB-sanctioned event can offer Irving Oil's Kids LiveWell run. The Kids LiveWell run is for distances of 1K to 3K and is open to runners 14 years of age and under. Event organizers may establish multiple age categories, as long as all participants are within the given age limit. Youth cannot participate in both Irving Oil's Kids LiveWell run and another distance at the same event.

Irving Oil's Kids LiveWell run is a fun event focused on participation, not competition. As such, all participants will be presented with Kids LiveWell medals, and no standings or monetary/year-end prizes will be given.

As an incentive for offering Irving Oil's Kids LiveWell run, event organizers will not be charged a race day fee by RunNB, and RunNB will supply all bibs, medals and the race clock.

RunNB would like all event organizers to consider offering Irving Oil's Kids LiveWell run this year and in the running seasons to come.



Jeunesse active est un nouveau programme de Course NB commandité par Irving Oil. Il vise à faire participer les jeunes aux courses sur route qui ont lieu pendant la saison de Course NB, de la fin avril au début novembre.

Chez Irving Oil, la santé et le bien-être des employés et de la communauté sont des valeurs capitales. Au cours des années, l'entreprise a commandité beaucoup de programmes de vie active et de sports pour les jeunes, du programme Cours, saute, lance à la Coupe Défi Irving Oil, le championnat annuel de hockey bantam AAA. Irving Oil est fière d'offrir le programme Jeunesse active aux jeunes coureurs de toute la province.

Tout organisateur d'un événement sanctionné par Course NB peut proposer le programme Jeunesse active d'Irving Oil. La course Jeunesse active a lieu sur des distances de 1 km à 3 km et elle est ouverte aux coureurs jusqu'à l'âge de 14 ans. Les organisateurs de l'événement peuvent établir des catégories d'âge multiples pourvu que tous les participants et participantes aient moins de 15 ans. Les jeunes ne peuvent pas participer à la fois à une course Jeunesse active d'Irving Oil et à une course d'une autre distance lors du même événement.

La course Jeunesse active d'Irving Oil est un événement amusant axé sur la participation et non la compétition. Tous les participants reçoivent une médaille Jeunesse active et il n'y a ni classement ni prix en argent ou trophée de fin de saison.

Pour encourager les organisateurs à proposer une course Jeunesse active d'Irving Oil, Course NB n'imposera pas de frais de journée de course et fournira tous les dossards, les médailles et le chronomètre.

Course NB aimerait que tous les organisateurs d'événement envisagent de tenir une course Jeunesse active d'Irving Oil cette année et les saisons de course à venir.

# **RunNB – Provincial Championships**



**WHAT ARE THE PROVINCIAL CHAMPIONSHIPS?**

## **5 Races – 5 Distances**

For 2011, RunNB presents the following five Provincial Championship events:

DISTANCE	EVENT	CITY	DATE
5km	LINCOLN 5K ROAD RACE	Lincoln	April 17th
8km	HAMPTON 5 MILER	Hampton	September 11th
10km	FREDERICTON FALL CLASSIC	Fredericton	September 25th
21.1km	ASTRA ZENECA LEGS FOR LITERACY	Moncton	October 23th
42.2km	FREDERICTON MARATHON	Fredericton	May 08th

Each Provincial Championship earns double points in the Running Room Super Series.  
Prize money goes to the top 3 overall male & female in each race.

For more details, go to the RunNB website at:

<http://runnb.ca/General/programs.php?program=prov-champs>

## **Championnats Provinciaux de CourseNB**



**QU'EST-CE QUE LE CHAMPIONNAT PROVINCIAL DE COURSE NB?**

## **5 Courses – 5 Distances**

Pour 2011, CourseNB inclura les cinq Championnats Provinciaux suivants:

DISTANCE	ÉPREUVE	VILLE	DATE
5km	LINCOLN 5K ROAD RACE	Lincoln	17 avril
8km	HAMPTON 5 MILER	Hampton	11 septembre
10km	FREDERICTON FALL CLASSIC	Fredericton	25 septembre
21.1km	ASTRA ZENECA LEGS FOR LITERACY	Moncton	23 octobre
42.2km	FREDERICTON MARATHON	Fredericton	08 mai

Accumulez le double des points de la Super Serie Running Room.  
Prix monétaires aux 3 premiers finissants.

Pour plus de renseignements, allez au site web de CourseNB:

<http://runnb.ca/General/programs.php?program=prov-champs>



## **Schedule Of Events** **Horaire des courses**

**ALL EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON.  
REFER TO OUR WEB SITE WWW.RUNNB.CA FOR UPDATES & RESULTS.**

**TOUS LES ÉVÉNEMENTS SONT SUJETS À CHANGEMENT. VÉRIFIEZ TOUJOURS AVEC  
LA PERSONNE CONTACT ET RÉFÉREZ-VOUS À NOTRE SITE WEB WWW.COURSENB.CA  
POUR MISES À JOUR ET RÉSULTATS.**

### **KEY TO RACE INFORMATION / LÉGENDE D'INFORMATION RELIÉE À LA COURSE**

Date / Date	Location / Lieu	Race Start Départ	Distance(s) Distance(s)	Registration Enregistrement	Registration Fee Coût d'enregistrement	Online Registration Enregistrement en ligne
Contact Contact	Course Records Temps records du parcours	Provincial Championship Championnat provincial	Race Status Statut des courses	Mailing Postale	WWW Event Website Site web de l'épreuve	Info / Info



**St-Isidore à Tracadie-Sheila**

## **Demi-Marathon de l'Acadie 2011**

- 279e : Sun, April 3 / Dimanche, 3 avril
- 280e : Sun, May 1 / Dimanche, 1 mai
- 281e : Sun, June 5 / Dimanche, 5 juin
- 282e : Sun, July 3 / Dimanche, 3 juillet
- 283e : Sun, August 7 / Dimanche, 7 août
- 284e : Sun, September 4 / Dimanche, 4 sept
- 285e : Sun, October 2 / Dimanche, 2 octobre
- 286e : Sun, November 6 / Dimanche, 6 nov
- 287e : Sun, December 4 / Dimanche, 4 dec

**REGISTRATION/ENREGISTREMENT 09:00-09:30AM, PISCINE S.-A.-DIONNE – START/DÉPART 10:00AM**

Flat course from St. Isidore to Tracadie-Sheila; medals for top 3 finishers m/f  
Parcours de St-Isidore à Tracadie-Sheila sur un parcours relativement plat; médailles

Contact: Jean-Marie Breau, Tel: 506-395-5892, Email: jmb21km@hotmail.com;  
or/ou Donald Wade, Tel: 506-395-2890, Email: donw@nb.sympatico.ca

**www.demi-marathon.anb.ca**

## **March / mars 2011**

### **#1 RUN TO GRAND BAY 6K & 15K**

	Sun, March 27 / Dimanche, 27 mars		Sanctioned
	Grand Bay-Westfield, NB		\$20.00
	6km & 15km		Alex Coffin, Tel: 506-696-3812, Email: marathoncanada@live.com
	15km: 09:00am, 6km: 10:00am		Course - 15K: One way from the West Store to the Human Performance Centre. - 6K: One way from Morna Heights School. Walkers & runners are welcome!! Awards ceremony at noon at Buccaneers Pub. Entry fee will be donated to Morna Heights School. Refreshment tables.
	Race Day Reg: 07:30 - 08:15am, River Valley Rink / Human Performance Centre		
	<a href="http://www.alexc coffin.com">www.alexc coffin.com</a>		

## **April / avril 2011**

### **#2 ST. STEPHEN SIDEWALK SURVIVAL FUN RUN**

	Sat, April 16 / Samedi, 16 avril		Sanctioned
	St Stephen, NB		Erik de Jong, Tel: 506-466-6228, Email: schf.erik@gmail.com – or: Michelle Brennan, Tel: 506-467-7468 Email: jrammb@explorennet.com
	5K and Half Marathon		2 Lap course through St. Stephen and surrounding area, water stops, T-Shirts guaranteed if registered by April 9, 2011. Medals for top age group finishes M/F, door prizes from local sponsors.
	Half Marathon: 09:30am, 5K: 10:30am Location: St. Croix Health and Fitness		
	08:15-10:30am, St. Croix Health & Fitness, 51 Disher Lane, Dufferin, NB (behind Keith's Building Supplies on the Old #1 Highway)		
	\$30.00		

### **#3 ASEA 1-MILE ROAD RACE**

	Sat, April 16 / Samedi, 16 avril		Event Website: <a href="http://www.asea.anb.ca">www.asea.anb.ca</a>
	Shediac, NB		Sanctioned
	1 mile		Adults: \$10.00; Children / Students: \$7.00, Seniors (60+): \$5.00; Family rate available
	10:00am, corner of Main St and Weldon St (Dolphin Fountain)		Male: Adam Stacey - 4:56 (2009) Female: Elita Rahn - 6:26 (2009)
	Race Day Reg: 08:00 - 09:30am, Light House/stage area in Park, (Corner of Main & Weldon Streets), if inclement weather, at the Sobeys community room Shediac		Paul Thibodeau, Tel: 506-874-5047, Email: jacky15194@hotmail.com
			Fast course & downhill finish, medals m/fem age categories, T-shirts to 1st 50 entrants



Registration for all events is \$5  
[web.me.com/scorbor/MRR\\_11](http://web.me.com/scorbor/MRR_11)  
 Contact: Brian Richard  
 Tel: 506-622-7280  
[scorbor@mac.com](mailto:scorbor@mac.com)

## 5K Races

Apr 10, May 15, Jun 12, July 17 (Irish Festival),  
 Aug 21, Sep 18, Oct 9, Nov 13 & 20

Start 11:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)  
 Race Day Registration: 10:00-10:30am, Linden Rec Centre

## 10K Races

May 22, July 31, Oct 29

Start 11:00am, Linden Rec Centre (next to Miramichi Civic Centre/Rink)  
 Race Day Registration: 10:00-10:30am, Linden Rec Centre

## Mile Races

June 26, Aug 14, Sep 11 (Championship)

1 Mile Race at General Manson Way, Start Time: 11:00am

## Cross Country

Aug 27, Sept 25, Oct 15

11:00am at the Ski Club

#4

## LINCOLN 5K ROAD RACE



Sun, April 17 / Dimanche, 17 avril



Lincoln, NB



5km Road Race, Walk & Team Event,  
 400m & 800m Kids Races



Kids Races: 09:40am / 5K: 10:00am  
 105 Good Homes Road, Lincoln, NB  
 (follow the bright orange race signs)



Race Day Reg: 08:00 - 09:30am,  
 at the start location (see above)



[www.atlanticchip.ca](http://www.atlanticchip.ca)



Running Room Super Series #1



Provincial 5K Championship



\$22.00 before March 17th, \$27.00 thereafter



Male: Adam Stacey – 15:58 (2010)



Female: Sara MacPherson - 18:15 (2008)



Shawn Hamilton, Tel: 506-455-9695,

Email: [traceyh1@nb.sympatico.ca](mailto:traceyh1@nb.sympatico.ca);

or: Sheryl Johnstone,

Email: [Sheryl.Johnstone@gnb.ca](mailto:Sheryl.Johnstone@gnb.ca)



All proceeds going to the IWK Childrens Hospital.  
 Tech-Hats for the first 30 registered. Heavy rock  
 trophies & cash awards for top 3 M/F 5K finishers.  
 Timex watches to M/F overall winners. \$50 for  
 new course record. 3-member team event in the  
 5km race (medals & awards). Medals for first  
 5 walkers. Food & drinks, lots of draw prizes.

#5

## ROTHESAY SPRING FLING FOR RUNNERS & WALKERS



Sun, April 17 / Dimanche, 17 avril



Rothesay, NB



5K, 10K, 15K, 20K  
 Run / Walk / Nordic Event



08:30am for 20K, 09:30am for all  
 other events; Renforth Wharf



Race Day Reg starting 08:15am



No race fee – free event



Event Website: <http://ontherun.worldbreak.com/springfling.html>



Online Reg: <http://ontherun.worldbreak.com/springfling.html>



Sanctioned

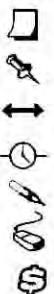


Daryl Steeves,  
 Email: [daryl\\_steeves@hotmail.com](mailto:daryl_steeves@hotmail.com)



Casual event - no timing or course support.  
 Beautiful route along the Kennebecasis River.  
 Rolling hills. Runners should carry water and  
 follow the rules of the road. Please pre-register  
 online, there is no fee but we need to know  
 numbers to allow planning.

#6

**BRENT KELLY MEMORIAL 5-MILER**

Sat, April 30 / Samedi, 30 avril

Saint John, NB

5mi Run/Walk

09:00am, Irving Nature Park Beach

Race Day Reg: starts at 07:30am

[www.atlanticchip.ca](http://www.atlanticchip.ca)

\$25.00



Sanctioned



Male: Alex Coffin - 28:05 (2005)

Female: Jessica Belliveau - 33:37 (2006)



Marta Kelly, Tel: 506-672-0911,

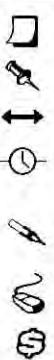
Email: tigger39@nbnet.nb.ca



T-Shirts guaranteed for the first 100 entrants.

Course: Irving Nature Park - across the beach, around the park &amp; return. Water stops &amp; prizes.

#7

**LE 15KM DE GRANDE-DIGUE**

Sat, April 30 / Samedi, 30 avril

Grande-Digue, NB

3K Run &amp; Walk, 15K Run &amp; Walk

15K Walk: 08:30am / 15K Run: 09:30am

3K event: 09:40am; Grande-Digue Church

Race Day Reg: École de Grande-Digue, closes at 09:00am

[Online Reg: www.runningroom.com](http://www.runningroom.com)

\$35.00 (15K event)



Timex #1,

Running Room Super Series #2 (15km)

Sylvio C. Bourque, Tel. 506-576-7082,  
Email: sylcbourque@yahoo.ca

Male: Matt Pieterson - 49:03 (2009)

Female: Genevieve Lalonde - 58:27 (2008)



Scenic &amp; fast course with downhill finish, post-race pasta meal, race jackets for age group winners, cash awards for top 10 finishers (M/F), draw prizes, finisher medals, \$100 for new course record (M/F)

**REMEMBER:**

ALL EVENTS ARE SUBJECT TO CHANGE.

ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE [WWW.RUNNB.CA](http://WWW.RUNNB.CA) FOR UPDATES AND RESULTS.**RAPPElez-VOUS :**

TOUS LES ÉVÉNEMENTS SONT SUJETS À CHANGEMENT.

VÉRIFIEZ TOUJOURS AVEC LA PERSONNE CONTACT ET RÉFÉREZ-VOUS À NOTRE SITE WEB [WWW.COURSENB.CA](http://WWW.COURSENB.CA) POUR MISES À JOUR ET RÉSULTATS.**COURSE  
RUNNB**

# May / mai 2011

## #8 SCOTIABANK FREDERICTON MARATHON

	Sun, May 08 / Dimanche, 08 mai		Running Room Super Series #3 (Marathon), certified Marathon course / Boston Qualifier
	Fredericton, NB		Online Pre-Reg Fees before April 23rd (fees increase by \$10 thereafter):
	42.2km, 21.1km, 10km, 5km, 1km & 3km Kids Races, Team Relay (up to 8 members), Walking Categories		5K & 10K Run/Walk \$35.00 / 1/2 Marathon Run/Walk \$55.00 / Marathon \$60.00 / Marathon Relay \$350 / Student Challenge 5K & 10K \$15.00 / Kids \$2.00
	May 07th: Kids at 02:00 pm (behind Crowne Plaza)		Marathon Records:
	May 08th: (Start/Finish Location at Officers Square) 07:00 am - Early Start (those over 5 hrs) 08:00 am - Marathon and Half and Walk 09:00 am - 10k/5K and Walk		<i>Male:</i> Chris Brake - 2:34:36 (2010) <i>Fem:</i> Janice Ashworth - 3:06:27 (2008) Break the Record – Win \$250!
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		Half-Marathon Records:
	In Person: New Convention Centre, Queen St, Downtown Fredericton, Saturday, May 07 from 2:00pm-7:00 pm ABSOLUTELY NO RACE DAY REGISTRATION! (Kids Reg: May 07 from 1:00-1:45pm)		<i>Male:</i> Alex Coffin - 1:13:34 (2003) <i>Fem:</i> Paula Keating - 1:26:44 (2007) Break the Record – Win \$125!
	Event Website <a href="http://www.FrederictonMarathon.ca">www.FrederictonMarathon.ca</a>		ChampionChip timing, Tech T-Shirts (guaranteed before April 23rd), special toque, finisher medals, meal, awards & prizes, race expo, scenic & flat course More info: <a href="http://www.FrederictonMarathon.ca">www.FrederictonMarathon.ca</a>
	2011 Provincial Marathon Championships		

## #9 YSJ-10K / 5 K & KIDS FUN RUN

	Sat, May 14 / Samedi, 14 mai		\$20.00 / Late Fee \$25.00 after April 30. Get a \$5 discount by presenting a 2011 YSJ boarding pass! – Kids fun run: \$2.00
	Saint John Airport, NB		
	10K / 5K / 1 mile kids fun run		
	Kids: 08:15 am / 5K & 10K: 09:45am		Garth Millar, Tel 506-214-1085; Email: <a href="mailto:garth39@fastmail.fm">garth39@fastmail.fm</a>
	Pre-register at <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a> or <a href="http://www.runningroom.com">www.runningroom.com</a> . No race day reg!		New unique event - race on the YSJ Runway! Please present photo ID on race morning.
	Running Room Super Series #4 (10km) <a href="http://www.fundysportstourism.com">www.fundysportstourism.com</a>		Door Prize: Air Canada airline ticket! Mugs to the first 200 entrants. Prizes for top 3 M/F in 5K & 10K plus age group winners in 10K

#10

**DAVE McAULAY 5K FOLLY**

**Sun, May 15 / Dimanche, 15 mai**  
**Sackville, NB**  
**5K Road Race**  
**2:00pm, Mta Athletic Centre**  
**Race Day at 1:00pm, Mta Athletic Centre, corner of York & Lansdowne**  
**Free! Gratuit!**  
**Sanctioned**



**Ross Thomas,**  
**Email: grothomas@gmail.com**  
**Male: Jeremy Pellerin - 16:43**  
**Female: Rebecca Barton - 20:26**  
**Gently rolling hills within town limits with a downhill finish. Refreshments, cash prizes for youth runners.**  
*Parcours à petites côtes roulantes à l'intérieur des limites de la ville.*

#11

**CST. BRUCE HADLEY RELAY RUN FOR HEART**

**Sat, May 21 / Samedi, 21 mai**  
**Fredericton, NB**  
**Approx. 250km Relay, 5-21km**  
**8:00am (first leg of team relay)**  
**Start & Finish: Officers Square**  
**Online Pre-Reg: [www.relayrunforheart.ca](http://www.relayrunforheart.ca)**  
**Reg Deadline is May 1st**  
**Event Website: [www.relayrunforheart.ca](http://www.relayrunforheart.ca)**  
**Running Room Super Series #5**



**\$10.00/runner prior to May 1st**  
**Angie Thibodeau, 506-459-5126 / 999-0125,**  
**Email: angie.thibodeau@hotmail.com – or:**  
**Sheri Dryden, Tel: 506-452-3737 / 260-1479**  
**Email: sheridryden@rcmp-grc.gc.ca**  
**24-hour relay - the new event has runners & walkers covering 250 KM on the trails in and around the Fredericton area. 24 legs in 24 hrs.**  
**Celebration Ceremony May 22, 10:00am.**  
**For more info: [www.relayrunforheart.ca](http://www.relayrunforheart.ca)**

#12

**WALK OF LIFE**

**Sat, May 28 / Samedi, 28 mai**  
**Moncton, NB**  
**2.5km Walk & 5km Run/Walk**  
**11:00am, Ceps Université de Moncton**  
**To pre-register, please email: [lisa.lyn.roy@umanitoba.ca](mailto:lisa.lyn.roy@umanitoba.ca)**  
**Race Day Reg: 10:00 - 10:45am,**  
**Ceps Université de Moncton**  
**\$20.00**



**Sanctioned**  
**Lisa Lyn Roy, Tel. 506-858-4028,**  
**E-mail: [lisa.lyn.roy@umanitoba.ca](mailto:lisa.lyn.roy@umanitoba.ca)**  
**or: Sylvie Belliveau, Tel. 506-858-3779,**  
**E-mail: [sylvie.belliveau@umanitoba.ca](mailto:sylvie.belliveau@umanitoba.ca)**  
**T-Shirts for first 150 registered, run around Université de Moncton Campus, Start/Finish at the Ceps. Awards, snacks, draw prizes.**  
*T-shirts aux 150 premiers enregistrés, Course autour du Campus de l'Université de Moncton, départ-arrivée au Stade.*

**#13 TELUS RUN TO CURE DIABETES**

	Sun, May 29 / Dimanche, 29 mai		\$35.00
	Sainte-Marie de Kent, NB		Sanctioned
	5km Run/Walk, 1km Kids		Lloyd Chambers, Tel 506-260-6047; Email: lloyd.chambers@hotmail.com;
	5km 10:30am / Kids 11:00am Start: Hazen Park, Oromocto		or: Ramsay Anderson, Email: randerson@atlantic.caa.ca
	Race Day Reg starts at 09:00am, Hazen Park, Oromocto		Male: Eric Hopper - 19:56 (2009) Female: Michelle Roy - 22:27
	Online Reg: <a href="http://www.runningroom.ca">www.runningroom.ca</a>		Support Juvenile Diabetes Research Foundation
	Website: <a href="http://www.jdrf.ca">www.jdrf.ca</a>		of Canada. Sign up by May 15th for a T-Shirt.

**#14 LAKEFIELD FAMILY FUN RUN**

	Sun, May 29 / Dimanche, 29 mai		Sanctioned
	Quispamsis, NB		\$25.00 Adults / \$5.00 Students /
	5km Run/Walk, 1km, 500m		\$50.00 Family Rate
	02:00pm, Lakefield Elementary		Haley Green, Email: <a href="mailto:haleymelissagreen@yahoo.ca">haleymelissagreen@yahoo.ca</a>
	Race Day Reg: 01:00pm, Lakefield Elementary School		or: David Ripley, Email: <a href="mailto:David.Ripley@nbbed.nb.ca">David.Ripley@nbbed.nb.ca</a>
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		Scenic route - run through the subdivisions of Lakefield Elementary. Reg by May 15 to guarantee a T-shirt. Post-run treats, live entertainment

**June / juin 2011****#15 RIVER VALLEY RAVE RUN**

	Sat, June 4 / Samedi, 4 juin		\$20.00 (Late Fee: \$25.00)
	Grand Bay-Westfield, NB		David Shiels, Tel: 506-738-6500 Email: <a href="mailto:david.shiels@nbbed.nb.ca">david.shiels@nbbed.nb.ca</a>
	5km, 1mi Kids (Irving LiveWell Series)		Very flat - fastest 5K course in NB!
	11:00am, RV Middle School Front Gate		T-Shirts for first 75 registered, age category medals, draw prizes & snacks.
	from 09:00am, River Valley Middle School		Parcours plat et rapide, T-shirts (75 1er enregistrés), médailles
	Timex #2 (5km), Running Room Super Series #6 (5km)		

## #16 TOUR DE LA RIVIÈRE LUCIA CORMIER

	Sun, June 05 / Dimanche, 05 juin		Race Day Reg: 08:30 - 09:30am, Centre communautaire
	Sainte-Marie de Kent, NB		Sanctioned
	5km Run/Walk, 15km Run/Walk		Jacqueline Maillet, Tel 506-874-0805; Email: tourdelarivierelucia@hotmail.ca
	15km Walk 08:00am / Run 09:30am		
	5km Run & Walk starts at 10:00am		
	Start Location: Ecole Mont Carmel		

## #17 MARATHON DE LA BAIE DES CHALEUR

	Sun, June 5 / Dimanche, 5 juin		Pre-Reg.: \$40 for Marathon & Half-Marathon (Late Fee \$50 after May 1st). – 10km & 6km: \$30 (19 & over) or \$15 (18 & under)
	Charlo, NB		<i>Male:</i> Victor Hickey - 2:38:48 (2002) <i>Fem:</i> Pam Power-McKenna - 3:15:09 (2001)
	42.2km, 21.1km, 10km (SS), 6km		Running Room Super Series #7 (10km)
	9:00am for Marathon & Half Marathon, 9:15am for 6km & 10km		Scenic & flat course along Bay of Chaleurs, supper, finisher medals, certificates, T-shirts for 1st 75 participants
	Location: Route 134 Charlo		<i>Parcours panoramique et plat suivant la Baie des Chaleurs, souper, repas chaud, médailles aux finissant du marathon &amp; demi, T-Shirts (75)</i>
	Race Day Reg: 07:00 - 08:30am, Charlo Golden Age Club, 17 Arena St		
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		
	Jeannita Caron: Tel. 506-684-5133 (H), E-mail: jeannita@live.ca		

## #18

## K-PARK 5K

	Sat, June 11 / Samedi, 11 juin		Laurie Young, Tel.: 506-214-2467, Email: Laurie.Young@gnb.ca – or: Alex Coffin's Fitness Shop, Tel.: 506-696-3812, Email: marathoncanada@live.com
	Rothesay, NB		
	5K, 1K		Lots of draw prizes and a great barbecue!!
	11:00am, K-Park School		Nordic Walkers and pets are welcome!
	10:00 - 11:00am, K-Park School		Funds raised will go towards K-Park School.
	\$15.00		Awards: Part of a 5K Double Crown with
	Sanctioned		Rothesay Elementary 5K. Outdoor BBQ. Running hat for first 50 Reg. Flat course!

## #19 10 KM CHALEUR BANQUE NATIONALE CKLE

	Sat, June 11 / Samedi, 121 juin		Mario Boudreau, Tel. 506-783-7254,
	Beresford, NB		or: Denis St-Onge, Tel. 506-548-4137, Email: stonge.d@pg.com
	10km, 5km Run & Walk, 300m & 1K Kids Runs (free)		Male: Joel Bourgeois - 29:35 Female: Patty Blanchard - 35:49
	11:00 am, Petit Rocher Lingerie RSB		Chip Timing, flat & very fast course, T-Shirts for first 250 registered, \$\$ and medals of 10km M&F, draw prizes, post race meal, kids runs are free (medals for kids).
	Fri, June 10 from 6:30 - 9:00 pm & Sat June 11 (Race Day) until 9:00 am Location: Sportek Curling Club, Beresford		Temps avec puce électronique, parcours plat et rapide, T-Shirts pour premiers 250 coureurs inscrits, \$\$ et médailles aux 3 premiers du 10km H&F, prix de présences, goûter après évènement; course pour enfants gratuit, chaque participant recevra une médaille
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		
	5K & 10K Run: \$30.00 / 5K Walk: \$10.00		
	Timex #3 (10km), Running Room Super Series #8 (10km)		

## #20 CATCH THE BUG 5K & 10K ROAD RACE

	Sun, June 12 / Dimanche, 12 juin		Running Room Super Series #9 (10km)
	Saint John, NB		5K & 10K Run: \$25.00 / 1K Kids: \$5.00
	10km / 5km / 1km Kids		Cheryl McConkey, E-mail: Cheryl.McConkey@saintjohn.ca
	1km Kids starts at 09:00am, 5km & 10km start at 10:00am (5K on Water St, 10K on St Patrick St)		5km Male: Matt McNeil - 17:07 (2009) 5km Female: Drenth Tere - 20:46 (1999) 10km Male: Michel Boudreau - 32:23 (2000) 10km Female: Leslie Carson - 36:56 (2002)
	Pre-Reg: Alex Coffin's Fitness Shop / Running Room / Saint John Police Force / 7th Floor City Hall Bldg. Race Day Reg starts at 08:00am, Rear Entrance Market Square		\$\$ for top 3 finishers (M/F) in 10K, T-Shirts for first 150, draw prizes <i>Bourses aux trois 1er 10K finissants (H&amp;F), T-shirt (150 enregistrés), prix de présences</i>
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		

## #21 ARMY 10K

	Sat, June 18 / Samedi, 18 juin		5K & 10K: \$20.00 / Kids Race: Free
	CFB Gagetown, Oromocto, NB		Stephanie Haynes, Tel: 506-422-2000/3537, Email: Stephanie.Haynes@forces.gc.ca
	10km, 10km Nordic Walkers, 5km Run/Walk, 1km Kids Run		Male: Asaf Rashid - 33:38 (2003) Fem: J. Bellavance-Leblanc - 42:45 (2003)
	Base Gym - Nordic Walkers 08:15am, Kids 09:00am, Main Event 09:30am		Course on Base Running Trails, T-Shirts (for first 100), draw prizes <i>Parcours sur les sentiers de la base militaire, T-shirts (100 enregistrés), prix de présences</i>
	Race Day: from 08:00am, Base Gym		
	Running Room Super Series #10 (10km)		

**#22 ST. ANDREWS FATHER'S DAY ROAD RACE**

 Sun, June 19 / Dimanche, 19 juin  
 St. Andrews, NB  
 5 mi, 1km & 2km Irving LiveWell Series  
 Kids Races start at 9:45 am,  
5 mile race starts at 10:00 am,  
Sir James Dunn Academy High School  
 08:30-09:45am, SJDA High School  
[www.atlanticchip.ca](http://www.atlanticchip.ca)  
 5mi: \$15.00, Kids Races free  
 Running Room Super Series #11



Mike Power, Tel: 506-529-3065 (H),  
E-Mail: [powermj@nbnet.nb.ca](mailto:powermj@nbnet.nb.ca) – or:  
Verne Cunningham, Tel: 506-529-3769



*Male:* Jamie McSkimming - 25:33 (1981)  
*Female:* Michelle Cormier - 29:59 (1999)



33rd running of the same beautiful &  
challenging coastal course since 1979,  
trophies & medals, refreshments, draw  
prizes, ribbons & medaillons for kids

*Établie en 1979 - parcours panoramique  
côtier, trophées, médailles, rubans aux  
jeunes coureurs et prix de présences*

**#23 10KM RHÉAL HACHÉ**

 Sat, June 25 / Samedi, 25 juin  
 Saint-Isidore, NB  
 5km Run/Walk, 10km Road Race  
 10:00am, Bois Gagnon  
 08:00 - 09:30am, Complexe  
Léopold-Thériault, St-Isidore, NB  
 Running Room Super Series #12 (10km)  
 \$25.00



Albénie Losier, Tel. 506-395-5752,  
E-mail: [benilosier@hotmail.com](mailto:benilosier@hotmail.com)



*Male:* Joel Bourgeois - 30:08 (1995)  
*Female:* Patty Blanchard - 35:14 (1993)



Course from Bois-Gagnon (Start) to Rec  
Centre St-Isidore (Finish), Meal, T-shirts,  
money prize, draw prizes

*Départ de Bois-Gagnon, arrivée au  
Centre récréatif de St-Isidore, Repas,  
T-Shirts, prix monétaire, prix de présences*

**#24 TEAM ATLANTIC MIDGET GIRLS LACROSSE FUNDRAISING 5K**

 Sun, June 26 / Dimanche, 26 juin  
 Saint John, NB  
 5km  
 10:00am, Start Location TBA  
 Race Day Reg starts at 08:30am,  
Location TBA  
 Sanctioned



\$20.00



Mike, Tel. 506-645-9174 or 848-0006,  
Email: [mikerobinson47@live.com](mailto:mikerobinson47@live.com)



2.5K out & back on Manawagonish Road,  
5K Poker run, Top hand win grand prize.  
Prizes for Top 3 M & Fem, plus door prizes.  
Walkers, Nordic Walkers and pets welcome.  
Funds raised will go toward sending Team  
Atlantic Midget Girls to National Lacrosse  
Championships in New Westminster, BC

## July/jUILLET 2011

**#25**

### **CANADA DAY 10 MILER**

 Friday, July 1 / Vendredi, 1 juillet  Grand Bay-Westfield, NB  5km, 10km, Main Event 10 miler  09:00am, Human Performance Centre  7:30 - 9:00am, Human Performance Centre, River Valley Community Centre  Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>	 \$25.00  Running Room Super Series #13 (10mi)  Earle Burrows, Tel. 506-738-3554, Email: <a href="mailto:earle.burrows@humanperformancecentre.ca">earle.burrows@humanperformancecentre.ca</a>  10th Anniversary of our Canada Day Run! Luncheon, draw prizes, awards, post-race massage. Rolling & scenic course.
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**#26**

### **CROSS BORDER CHALLENGE**

 Sat, July 02 / Samedi, 02 juillet  Amherst, NS  Half Marathon, 10km, 5km, Youth Fun Run, 10km Walk  21.1km at 08:00am / 10km at 08:30am / 5km at 08:45am.  Start Location: Amherst Stadium  Race Day Reg: starts at 06:00, Amherst Stadium  <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>  <a href="http://www.crossborderchallenge.com">www.crossborderchallenge.com</a>	 \$30.00  Timex #4 (10km), Running Room Super Series #14 (10km)  Paul Giroux, Tel 902-661-1103; Email: <a href="mailto:pjgiroux@hotmail.com">pjgiroux@hotmail.com</a>  10K Male: Robert Winslow – 32:42 (2010)  10K Female: Erin MacLean – 37:04 (2010)  Out & back from Amherst, NS to Aulac, NB across Tantramar Marsh. Tech shirts & finisher medals for all. 10K: cash prizes for top 5 M/F overall and top M/F in age group; Post race BBQ, buffet, lots of draw prizes. See our ad on pg 19.
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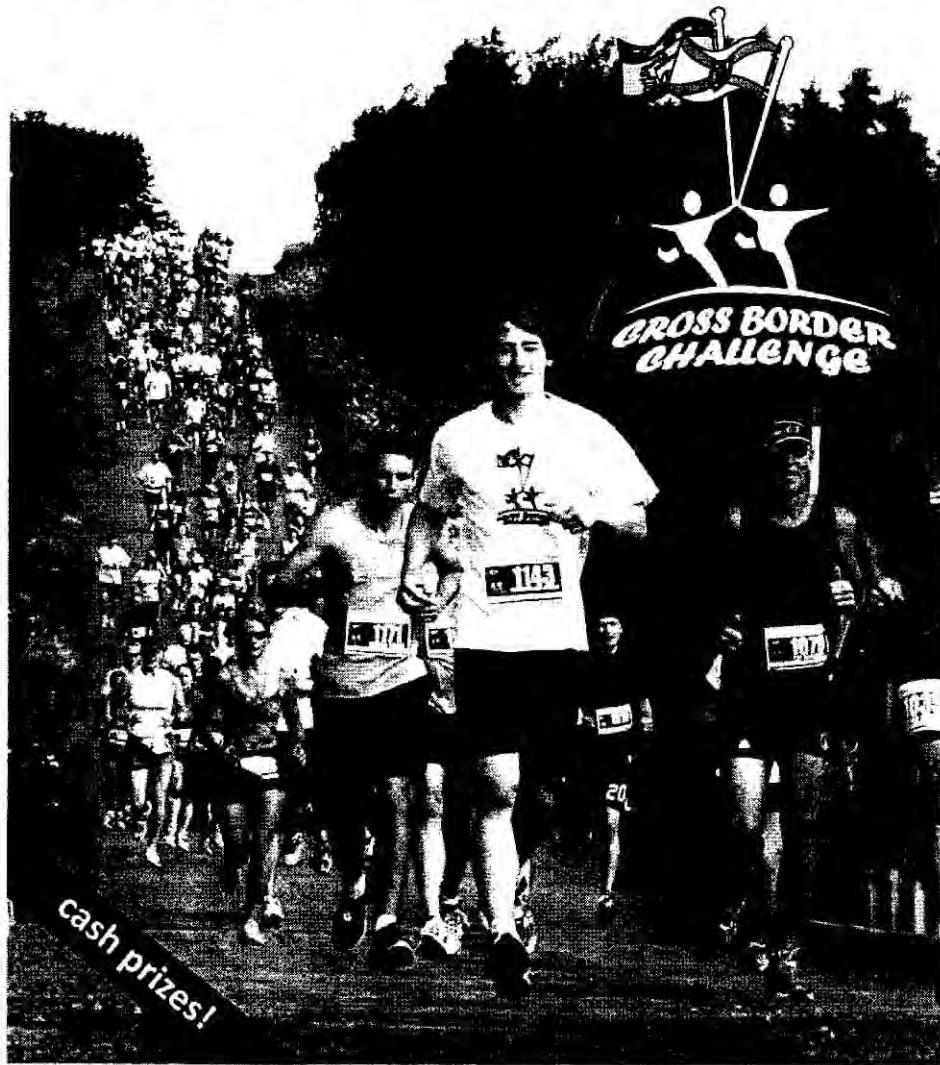
**#27**

### **POTATO FESTIVAL 5K RUN & WALK**

 Sun, July 03 / Dimanche, 03 juillet  Grand Falls, NS  5km Run/Walk  09:00am, Grand Falls Marina  Race Day Reg: 07:30-08:30am, Grand Falls Marina	 Sanctioned  Jacques Dube, Tel 506-475-3325; Email: <a href="mailto:jacques.dube@mccluretoyota.com">jacques.dube@mccluretoyota.com</a> ; or: Angellie Doiron, Email: <a href="mailto:angelliedoiron@hotmail.com">angelliedoiron@hotmail.com</a>  T-shirts, all proceeds to local charity
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# TAKE THE CHALLENGE

## Cross Border Challenge - July 2, 2011



Aulac, New Brunswick to Amherst, Nova Scotia

• Running: 5 km, 10 km,  $\frac{1}{2}$  marathon • Walking: 5 km, 10 km

[www.crossborderchallenge.com](http://www.crossborderchallenge.com)

**#28 SPORT CHEK MIRAMICHI ROCK 'N RUN**

	Sun, July 3 / Dimanche, 3 juillet		Running Room Super Series #15 (21.1km)
	Miramichi, NB		Valerie Comeau, Email: valeriecomeau@hotmail.com
	21.1km / 10km + 5km Run & Walk		Early Bird Pre-Reg (before June 5): 5km \$25.00 / 10km \$30.00 / 21.1km \$40.00. Reg after June 5: 5km \$35.00 / 10km \$40.00 / 21.1km \$50.00
	08:00am, Linden Rec Centre		Info: <a href="http://www.rockinrun.ca">www.rockinrun.ca</a> . ChampionChip timing, food, T-Shirts, entertainment, prize money! <i>ChampionChip, goûter, T-shirts, musiciens</i>
	Note: No Race Day Registration!		
	Online Reg: <a href="http://www.rockinrun.ca">www.rockinrun.ca</a> or <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		
	<a href="http://www.rockinrun.ca">www.rockinrun.ca</a>		

**#29 COURSE GEORGE GALLANT 10K**

	Sat, July 09 / Samedi, 09 juillet		Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>
	Shediac, NB		10K: \$25.00
	10km, 5km, Kids (6-15) 1km, Kids (0-5) 100m		Daniel Gallant, Tel: 506-743-7363, E-Mail: daniel.gallant@ent-kent.ca
	Start Time TBD. Start Location: Louis-J.-Robichaud High School		<i>Male:</i> Randy Bullerwell - 31:25 (1991) <i>Female:</i> Patty Blanchard - 36:12 (1992)
	Reg Time TBD, LJR High School		Fast course, T-shirts, meal, awards, draw prizes, trophies <i>Parcours rapide, T-shirts, repas, trophées, plein de prix au hasard</i>
	Timex #5 (10km), Running Room Super Series #16 (10K)		

**#30 COURSE À PIED BON COEUR**

	Sat, July 09 / Samedi, 09 juillet		1km: \$4 / 2km: \$8 / 5km: \$10 / 10km: \$15
	St. Quentin, NB		Mireille Caron, Tel: 506-235-0526, E-mail: loisirs@saintquentin.nb.ca
	1km Kids / 2km / 5km / 10km		<i>Male:</i> Ynuk Bossé - 35:20 (2000) <i>Female:</i> Michelle Cormier - 38:00 (2001)
	10:00am, École élémentaire Mgr Martin		Flat course, medals, draw prizes, T-Shirts, refreshments, medical services <i>Parcours rapide, médailles, prix de présences, T-shirts, goûter, services médicaux</i>
	Race Day Reg: 08:30 - 09:30am, École élémentaire Mgr Martin		
	Running Room Super Series #17 (10km)		

## #31 EMERA BRUNSWICK PIPELINE CELEBRATION OF GREEN SPACE

	<p>Sun, July 10 / Dimanche, 10 juillet Saint John, NB Main Event: 11.24 mi 7.4 mi / 2.5 mi / Corporate Relay 08:00am, Rockwood Park No Race Day Registration, please register online Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a> <a href="http://www.celebrationofgreenspace.com">www.celebrationofgreenspace.com</a> Sanctioned</p>		<p>Fees TBA Mike Doyle, Email: <a href="mailto:mrdoylerth@yahoo.ca">mrdoylerth@yahoo.ca</a>, Tel: 506-672-4194; or Daryl Steeves, Email: <a href="mailto:daryls@nb.sympatico.ca">daryls@nb.sympatico.ca</a></p> <p>Please see event ad on pg 22. "Celebration of Green Space" family fun event, takes place entirely in Rockwood Park, with Rock Climbing, Geo Cashing, Wagon Rides, Kayaking... Participants will be treated to breathtaking lake views and natural beauty. This 3-year event (now in its 2nd year) will be offering a new three year interconnected medal.</p>
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## #32 GRAND MANAN BOYS & GIRLS CLUB 1/2 MARATHON & 10K

	<p>Sat, July 16 / Samedi, 16 juillet Grand Manan, NB 21.1km / 10km 10:00am, Sailor's Landing Fri, July 15th from 06:30 - 08:00pm at Pop's Store (just before hospital) or on race day 08:30 - 09:30am at the Start <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a></p>		<p>Pete Sesplankis, Tel: 506-662-3653, Email: <a href="mailto:sesplankis@live.ca">sesplankis@live.ca</a> – or: Allyson MacDonald, Email: <a href="mailto:allyson.macdonald@scotiabank.com">allyson.macdonald@scotiabank.com</a></p> <p>10km: \$20.00 / Half Marathon: \$30.00</p> <p>Sanctioned</p> <p>Scenic ocean view run, finisher medals, \$\$ for top finishers (m &amp; fem), t-shirts <i>Médailles, prix monétaire, t-shirts</i></p>
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## #33 COURSE CLARENCE BASTARACHE RUN

	<p>Sat, July 16 / Samedi, 16 juillet Bouctouche, NB 5km Run/Walk, 10km 10:00am, Dune de Bouctouche Race Day Reg: 08:00 - 09:30am, Gymnase École Dr-Marguerite-Michaud Jean-Noel Allain, Tel: 506-743-5960, or: Guy Allain, Email: <a href="mailto:guy.allain@gnb.ca">guy.allain@gnb.ca</a> \$20.00</p>		<p>Running Room Super Series #18 (10km) <i>Male:</i> Gilles Gauthreau - 34:03 (2005) <i>Female:</i> Patty Blanchard - 38:17 (2005)</p> <p>Flat oceanview course from Bouctouche Dune (Irving Eco-Centre) to MM School, medals, draw prizes, various items for all participants (including nice beach towel) <i>Parcours plat avec vue de la mer, commence à la dune de Bouctouche (Irving Eco-Centre) et fini à l'école MM, médailles, beaucoup de prix de présences</i></p>
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# RUN THROUGH HISTORY CELEBRATION OF GREEN SPACE

P.O. Box 364, Saint John, NB E2L 4L9 | 506.672.4194 | [mrdoyle@rth@yahoo.ca](mailto:mrdoyle@rth@yahoo.ca)

After the success of stage one of the Celebration of Green Space Brunswick Pipeline, the organizing committee has set its sights on the second stage of our three year event. With a unique twist, the 2011 event will take place completely in Rockwood Park.

Rockwood Park encompasses 890 hectares of upland Acadian mixed forest, many hills and several caves, as well as several freshwater lakes, with an extensive trail network. These trails are better described as country lanes. Participants will be treated to the most breathtaking lake views such as Harrigan Lake, Owen Lake, Long Lake, Crystal Lake, Mayflower Lake, Crescent Lake, Fisher Lakes, Lily Lake – not to mention the natural beauty and the abundant wildlife throughout the park.

## Schedule of Events

(Registration Headquarters Rockwood Pond Interpretation Centre)

### **SATURDAY, JULY 09, 2011**

- 10:00am - 6:00pm: - Registration (Interpretation Centre)
- 1:30pm: - Rock Climbing, Geo Cashing, Wagon Rides, Kayaking,
- 6:30 - 7:30pm: - Sponsors Meet & Greet (Lilly's Cafe)

### **SUNDAY, JULY 10, 2011**

- 7:00 - 7:45am: - Packet pick up (Lily Lake Pavilion)
- 7:45am: - Pre race instructions
- 8:00am: - All runs start (Relay, 2.5 miler, 7.4 miler, 11.1 miler)
- 11:00am: - Rock Climbing, Geo Cashing, Wagon Rides, Kayaking
  - Lilly's Patio Opens
  - Recycling Challenge (Home made boats race for the Recycling Challenge Cup)
- 12:00 Noon: - Awards Ceremony (Lily Lake Pavilion)

**JOIN US JULY 9<sup>th</sup> and 10<sup>th</sup> for the greenest event  
in Atlantic Canada!**

[www.celebrationofgreenspace.com](http://www.celebrationofgreenspace.com)

#34

**BE THE ONE**

	Sat, July 23 / Samedi, 23 juillet		Sanctioned
	Moncton, NB		Melissa Hébert, Tel: 506-758-2187; or: Jolène Vienneau, Tel: 506-227-9322, Email: guypisjo@rogers.com
	5km Run/Walk, 10km Run		\$40.00
	09:00am, Running Room Moncton		Race is held on trail behind Running Room;
	Race Day Reg: 07:30 - 08:30am, Running Room Moncton		100 T-Shirts, BBQ, Draw Prizes

#35

**JOE MCGUIRE ROAD RACE**

	Sat, July 30 / Samedi, 30 juillet		www.atlanticchip.ca
	Woodstock, NB		\$25.00 per person / \$40.00 per family
	5km Run & Walk / 10km Run		<i>Male:</i> Bob Everett - 30:56
	08:30am, Woodstock Town Hall		<i>Female:</i> Patty Blanchard - 36:23
	Race Day Reg starts at 6:30am, Carleton Civic Centre		Sanctioned
	Jill Dunnett, Tel: 506-325-4671, Email: jill.dunnett@town.woodstock.nb		Very flat course, awards, T-Shirts, draw prizes, light refreshments <i>Parcours plat, repas, prix de présences</i>

#36

**BRAYON COURS**

	Sun, July 31 / Dimanche, 31 juillet		Don Plourde, Email: don222@bellaliant.net or: Daniel Violette, Email: dviolett@nbnet.nb.ca
	Edmundston, NB		Running Room Super Series #20 (10K)
	3km, 5km, 10km (Main Event)		<i>Male 10km:</i> Yohan Bosse – 34:47 (2008) <i>Female 10km:</i> Linda Mountain – 41:45 (2008)
	10:00am, Palladium Arena		New Tech shirts for first 100, light lunch <i>Tech shirts pour les premiers 100 inscriptions</i> <i>Leger repas servis apres la course</i>
	08:30 - 09:45am, Palladium Arena, 25, rue du Parc, Saint-Jacques		
	3K: \$5.00 / 5K: \$15.00 / 10K : \$20.00		

**#37**

## **CHIPMAN NB DAY ROAD RACE**

 Monday, August 1 / Lundi, 1 août  Chipman, NB  5km Run/Walk/Nordic Walk, 10km Run  10:00am, Chipman Centre  Race Day Reg: 08:00 - 09:30am, Chipman Forest Avenue School Gym  Brenda Barton, Tel: 506-339-5182 (H), E-mail: <a href="mailto:bcbarton@nbnet.nb.ca">bcbarton@nbnet.nb.ca</a> or: Bernie Sisk, Tel: 506-339-6047	 \$20.00  Male: Bo MacGillivray - 31:08 (1991) Female: Patty Blanchard - 36:12 (1992)  Running Room Super Series #21 (10km)  Fast course, T-shirts (first 75 reg), medals, awards, draw prizes, luncheon, refreshments <i>Parcours rapide, T-Shirt aux 75 premiers enregistrés, médailles, prix aux gagnants, prix de présences, goûter, rafraîchissements</i>
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**#38**

## **JOHNSON'S INTERNATIONAL 5 MILER**

 Sat, August 6 / Samedi, 6 août  Calais, Maine  5mi  10:00am NB Time (9:00am Maine) at Calais Main Street Park Note: Must have passport or passcard for border identification  Race Day Reg: 08:00 - 09:00am NB Time (07:00 - 08:00am Maine Time), Main Street Park, Calais, ME  Pre-Reg: E-Mail: <a href="mailto:calaisrec@calaismaine.org">calaisrec@calaismaine.org</a>  Pre-Reg \$10.00 / Race Day \$20.00	 Sanctioned  John Rogers, Tel: 207-214-8792 E-Mail: <a href="mailto:calaisrec@calaismaine.org">calaisrec@calaismaine.org</a>  Male: Ronni Currie - 25:13 (1991) Female: Michelle Cormier - 31:28 (2001)  International event through 3 communities and two countries – scenic 5mi course is run on Canadian & American soil. Note: Registrations will be closed at 9:00am Canadian for Border Control Identification. Please pre-register. Must have passport or passcard available at registration. Awards and trophies. T-Shirts for first 50 registered.
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Ben's Smart is pleased to Present the

## 17th Annual Marathon by the Sea August 13-14th, 2011 Saint John, New Brunswick

Ben's Smart Marathon by the Sea  
Join us for a Weekend  
of Family, Fun & Fitness!

With the cool breeze off the Bay of Fundy and an average temperature of 11.6 to 22 degrees Celsius (51 to 71 Fahrenheit), the 17th Annual Marathon by the Sea is the coolest summer event in Atlantic Canada.



### Full Marathon - Half Marathon - Five Miler

- On Course Entertainment
- Certified Course (Last Boston Qualifier for 2012)
- Harbour Hustle (FREE Kids Run)
- Running Room Friendship Run
- Pasta Meal
- Awards and Prizes
- Post Race Festivities including Food & Entertainment!

### EVENT SPONSORS



Scotiabank™



For a full list of sponsors visit

[www.marathonbythesea.com](http://www.marathonbythesea.com)

## #39 TIM HORTONS MARATHON BY THE SEA

	Sun, Aug. 14 / Dimanche, 14 août		Pre-Reg Fees: Timbits Kids Runs – Free / 5mi – \$40.00 / Half Marathon & Marathon \$60.00 (Late Fees apply after May 30th)
	Saint John, NB		<b>Marathon:</b> Male: Alex Coffin - 2:35:02 (1998) Female: Donna Lockett - 2:58:11 (1997)
	Timbits Kids Run, Running Room 5 miler, Scotiabank Half Marathon Run, Ben's Smart Nordic Half Marathon Walk, Tim Hortons Full Marathon		<b>Half-Marathon:</b> Male: Alex Coffin - 1:13:25 (2008) Female: Lavina Gough - 1:24:23 (2000)
	Timbits Kids Harbour Hustle: Saturday at 11:00am (Market Square) - All other events: Sun at 08:00 am, Lily Lake Pavilion		Please see our event ad on page 25.
	Timbits Kids Run Reg: Sat 09:00-10:30am, Market Square. All other events: <b>NO Race Day Registration</b> - for more info, please check <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>		New Start & Finish at Rockwood Park. ChampionChip Timing, T-Shirts, medaillion, day care service, certificate, entertainment, pre & post meals, Aquatic Centre pool pass
	Online Reg: <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a> or <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		<i>Chronométrage ChampionChip, T-Shirts, médailles, certificats, distraction, repas la soirée avant la course et repas durant la cérémonie, pass au Centre Aquatic, service de garderie</i>
	Event Website: <a href="http://www.marathonbythesea.com">www.marathonbythesea.com</a>		
	Sanctioned		

## #40 10KM - CAISSE POPULAIRE ACADIE

	Sat, August 27 / Samedi, 27 août		Gym Nautilus, Tel: 506-727-7777, or: Luc Thériault, Tel: 506-336-3048, Email: <a href="mailto:luctherio@hotmail.com">luctherio@hotmail.com</a>
	Carapquet, NB		Timex #6 (10km)
	5km / 10km		<b>Male:</b> Sylvain Arsenau - 36:28 (2010) <b>Female:</b> Nathalie Boivin - 43:37 (2010)
	5km: 10:15am / 10km: 10:30am Édifice Martin J. Légeré		Parcours en une seule boucle - Dénivelé (modéré)
	Race Day Reg YES - Time TBA, Édifice Martin J. Légeré		
	Fees TBA		

## **September / septembre 2011**

### **#41 UNB RACE AGAINST THE REDS**

	Sat, Sept. 03 / Samedi, 03 sept.		\$20.00, 1km Kids free (all profits go to UNB Cross Country)
	Fredericton, NB		James Murphy, Email: i5834@unb.ca
	1km Kids / 5km		Gently rolling loops through Odell Park, awards for top 3 finishers, draw prizes, post-race BBQ, showers available
	Kids at 09:30am, 5km at 10:00am at Odell Park Lodge, Fredericton, NB		<i>Parcours à boucles avec pentes douces à travers le parc Odell,</i> <i>prix mérites et présence, douches</i>
	08:00 - 9:30am, Odell Park Lodge		
	Running Room Super Series #22 (5km)		

### **#42 DEMI-MARATHON SAINT-FRANÇOIS**

	Sun, Sept 04 / Dimanche, 04 sept		Male: Scott Hare - 1:09:17 (1988) Female: Patty Blanchard - 1:18:38 (1987)
	Saint-François, NB		36th Edition - safety personnel, ambulance and police present in the area; km-distance indicators, water, juice, ice, fruit, sponges, post-race refreshments, hot meal, showers, attractions for the family over the weekend. Camping site available on request.
	3km, 8km, 21.1km		<i>Responsable de la sécurité – ambulance et police sur les lieux. Identification des distances (km). Eau, jus, glace, fruits après la course pour tous. Douche, activités pour la famille. Site de Camping disponible.</i>
	10:00am		
	08:30am, Centre Sportif J. D. Nadeau, 2130, rue Commerciale, Saint-François		
	Half Marathon: \$18.00 / 8 km: \$12.00 / 3 km Kids (Irving LiveWell) : \$3.00		
	Running Room Super Series #23 (21.1km)		
	Gaétane Duval, Tel: 506-992-2780		
	Email: 9922780@nb.sympatico.ca		

### **#43 FÊTE AU VILLAGE DE CHARLO FALL FAIR**

	Sat, Sept. 10 / Samedi, 10 sept.		Paul E. McIntyre, Tel: 506-753-7405, E-mail: paulmkl@nbnet.nb.ca – or: Roger D. Levesque, Tel: 506-826-2534
	Charlo, NB		<i>Male: Jean-Francois Pellerin - 31:45 Female: Patty Blanchard - 34:18</i>
	10km, 5km, 1km (Kids)		Sanctioned
	Kids 1km 09:00am, 5km & 10km start at 10:00am. – Start Location: St-François Xavier Catholic Church		Luncheon, medals, draw prizes <i>Goûter, médailles, prix de présences</i>
	Race Day Reg: 08:30 - 09:30am, Charlo Catholic Church Basement		

#44

**HAMPTON FIVE MILER**

	Sun, Sept. 11 / Dimanche, 11 sept.		Provincial 8km Championship
	Hampton, NB		Running Room Super Series #24
	5mi, 1km (Kids)		Jeremy Fry, Tel. 506-832-2710, E-mail: Jfry@jemdac.ca – or: Darrell Travis, Tel. 506-832-3233, E-mail: darrell.travis@genesyslab.com
	10:00am, Hampton High School		<i>Male:</i> Alex Coffin - 25:44 (2010) <i>Female:</i> Paula Keating - 29:26 (2010)
	Race Day Reg: 08:00 - 09:30am, Hampton High School		
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		Scenic course, T-shirts (300), awards <i>Parcours panoramique, T-Shirts (300),</i> <i>prix aux gagnants</i>
	<a href="http://www.hamptonriverrunners.ca">www.hamptonriverrunners.ca</a>		
	Pre-Reg \$25.00 / After Sept 09: \$35.00 Kids \$5.00 on race day		

#45

**FUNDY ROCKS HALF MARATHON**

	Sun, Sept 18 / Dimanche, 18 sept		Running Room Super Series #25
	Fundy Trail, St Martins, NB		\$20.00 / Late Fee \$40.00 (after May 1st)
	21.1km / Terry Fox 10km		Alex Coffin, Tel. 506-696-3812
	10:00am, Fundy Trail Parkway Interpretation Centre		<i>Male:</i> Justin Young - 1:24:00 <i>Female:</i> Denise Robson - 1:20:17
	08:00-10:00am, Interpretation Centre		Demanding but very scenic course, this is the toughest half marathon in NB!! Expect a sizeable race packet, food & bragging rights!!
	<a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		

**REMEMBER:**

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**SONT SUJETS À CHANGEMENT.**

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LA PERSONNE CONTACT ET  
RÉFÉREZ-VOUS À NOTRE SITE WEB  
[WWW.COURSENB.CA](http://WWW.COURSENB.CA) POUR  
MISES À JOUR ET RÉSULTATS.



**COURSE  
RUN NB**

#46

**FALL CLASSIC ROAD RACE**

	Sun, Sept. 25 / Dimanche, 25 sept.		Provincial 10km Championship
	Fredericton, NB		Reg Fees: TBA
	Half Marathon / 10km / 5km Run & Walk / 5km High School Invitational / 3km Middle School Invitational / Kids Race		Male: Bob Everett - 31:00 (1986) Female: Patty Blanchard - 34:50 (1984)
	All events start at Queens Square Park. Start Times TBA		E-mail: <a href="mailto:RaceDirector@FallClassic.ca">RaceDirector@FallClassic.ca</a> Event Info at: <a href="http://www.ccrr.ca">www.ccrr.ca</a>
	Race Day Reg: 07:30 - 09:00am, Queens Square Park		The course is a flat, fast, out-n-back from downtown Fredericton, across the Saint John & along the Nashwaak River, Tech shirts (guaranteed for pre-registrants), medals, draw prizes, luncheon
	Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>		<i>Parcours aller-retour au centre-ville de Fredericton - plat &amp; rapide traverse la rivière St. Jean et longe la rivière Nashwaak, Tech- shirts, goûter, médailles, prix de présences</i>
	Event website: <a href="http://www.ccrr.ca">www.ccrr.ca</a>		
	Also find us on Facebook!		
	Running Room Super Series #26 (10km)		

**October / octobre 2011**

#47

**THE DAM RUN**

	Sat, October 1 / Samedi 1 octobre		Tasha Wright, Tel. 506-273-4845 E-mail: <a href="mailto:tasha.wright@perth-andover.com">tasha.wright@perth-andover.com</a>
	Perth-Andover, NB		
	10km, 5km, 1km (Kids)		Run along the scenic St. John River to the Tobique Dam. Have fun and enjoy nature.
	11:00am, River Valley Civic Centre		"I ran the Dam Run" T-Shirts for those who preregister before Sept 19. Plus lunch, awards and great prizes!
	10:00am, River Valley Civic Centre. Pre-registration is recommended (T-Shirt!), please register by calling 506-273-4845		<i>Parcours panoramique le long de la rivière St. Jean qui se cours sur le barrage Tobique. T-Shirts et prix!</i>
	Running Room Super Series #27 (10km)		

#48

**MARATHON LUC GALLANT**

Sun, October 09 / Dimanche, 09 octobre	Lisa Johnson: Tel. 506-523-5242, E-mail: johnsonlisa4@hotmail.com
Kouchibouguac, NB	
Full Marathon, Half Marathon, 10km, 5km, 2km Kids Run	
Events begin at 07:00 am, Kouchibouguac National Park	
Race Day Reg: YES, Time & Location TBA	
Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>	
Early Reg: 5km & 10km: \$25.00 Half and Full Marathon: \$50.00	
Sanctioned	Excellent trails, Chip Timing, Medals for all marathon & half-marathon finishers <i>ChampionChip, Médailles décernée à toutes les gens qui terminent le marathon ou le demi-marathon</i>

#49

**KENNEBECASIS VALLEY CHALLENGE MARATHON**

Sun, October 16 / Dim, 16 octobre	Alex Coffin: <a href="mailto:marathoncanada@live.com">marathoncanada@live.com</a> , or John Kelley: <a href="mailto:johnkell@nb.sympatico.ca">johnkell@nb.sympatico.ca</a>
Rothesay, NB	
42.2km, 21.1km, Relays	
9:00am, Bloomfield	
Online Reg: <a href="http://www.atlanticchip.ca">www.atlanticchip.ca</a>	
Event Website: <a href="http://www.kvcmarathon.com">www.kvcmarathon.com</a>	
\$45.00 / Late Fee \$60.00 after Sept 1st	Jackets for marathoners, vests for all others. \$20 Irving Oil Gas Card for each participant.
Running Room Super Series #28 (42.2km)	Point to point course from Bloomfield along the Kennebecasis River to Rothesay. Prizes, awards, buffet, pre-race pasta dinner

REMEMBER:  
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**COURSE  
RUNNB**

Race Weekend - October 21-23

Course de fin de semaine  
21 au 23 octobre 2011

[www.legsforliteracy.com](http://www.legsforliteracy.com)

AstraZeneca 



*Courir pour*  
**LIRE**

- 5K, 10K, 21.1K, Marathon
- Running Room Friendship Run and Youth Fun Run
- Course de l'amitié Running Room et Course pour le plaisir jeunesse
- Certified course - Parcours certifié
- Boston Qualifier
- Tentez de qualifier pour le marathon de Boston
- \*NB Half Marathon Championship - Championnat Provincial du demi-marathon
- Register at [atlanticchip.ca](http://atlanticchip.ca) or [runningroom.com](http://runningroom.com)
- Enregistrez-vous dès maintenant au site: [www.atlanticchip.ca](http://www.atlanticchip.ca) ou [www.runningroom.com](http://www.runningroom.com)

[www.courirpourlire.com](http://www.courirpourlire.com)

\* Sponsored by Running Room / Commandité par Running Room

#50

**ASTRA ZENECA LEGS FOR LITERACY**

Sunday, Oct. 23 / Dimanche, 23 oct.

Moncton, NB

42.2km / 21.1km / 10km / 5km

Marathon: 08:00am / Half Marathon: 08:15am / 5km & 10km: 09:00am  
Start Location: Main Street Moncton

Absolutely NO Race Day Registration!

Online Reg: [www.runningroom.com](http://www.runningroom.com)  
and [www.atlanticchip.ca](http://www.atlanticchip.ca)[www.legsforliteracy.com](http://www.legsforliteracy.com)

Provincial Half Marathon Championship



Running Room Super Series #29 (21.1km)

Fees TBA, check [www.legsforliteracy.com](http://www.legsforliteracy.com)Marie Wilson, Email: [mariew@rogers.com](mailto:mariew@rogers.com)

21.1K Male: Rami Bardeesy - 1:12:35 (2008)



21.1K Fem: Denise Robson - 1:18:54 (2008)



See event ad on page 31 and check info at

the event website [www.legsforliteracy.com](http://www.legsforliteracy.com)

Chip timing, post race meal, Tech Shirts, expo,

awards, refreshments, youth fun run, relay

*Chronométrage ChampionChip, goûter, prix aux gagnants, T-Shirts, expo*

WWW



#51

**THE CREEPY CRAWL 5K & 1K KIDS RUN**

Sat, October 29 / Samedi 29 oct



Saint John, NB



5km Run &amp; Walk / 1km (Youth)

09:30am for Kids & Walkers,  
10:00am for 5km Runners  
Beaconsfield Middle SchoolRace Day 07:00 - 09:00am,  
Beaconsfield Middle SchoolEd Bowe, Tel: 506-738-2195,  
E-mail: [erb1010@nbnet.nb.ca](mailto:erb1010@nbnet.nb.ca); or:  
Frank Kelly, Email: [fkelly@nbnet.nb.ca](mailto:fkelly@nbnet.nb.ca)

Sanctioned



Male: Matt McNeil - 16:39 (2009)



Female: Elita Rahn - 19:38



Awards, medals, draw prizes.



Prizes to top 3 overall men and women.

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# **RUN NEW BRUNSWICK HALL OF FAME**

## **LE TEMPLE DE LA RENOMMÉE**

### **COURSE NOUVEAU BRUNSWICK**

Last season, RunNB inducted two runners in the Hall of Fame. The 2010 inductees are Patty Blanchard and George Gallant.

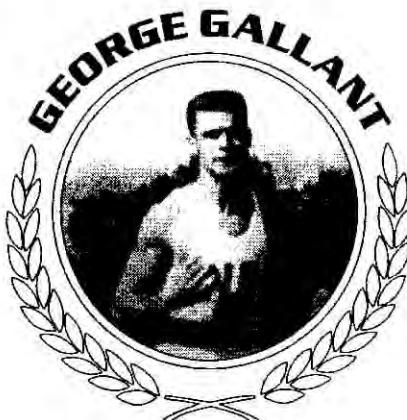
L'an passé, CourseNB a, reconnu deux coureurs au Temple de la Renommée. Soit Patty Blanchard et George Gallant.



**Patricia Blanchard**

Residence: Dieppe, NB

Birthdate/Date de naissance: September 26, 1957  
[www.runnb.ca/General/hall-of-fame.php?entry=3](http://www.runnb.ca/General/hall-of-fame.php?entry=3)



**George Gallant**

Residence: Shédiac, NB

Birthdate/Date de naissance: December 4, 1928  
[www.runnb.ca/General/hall-of-fame.php?entry=4](http://www.runnb.ca/General/hall-of-fame.php?entry=4)

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To view more information on our Hall of Fame inductees or to nominate a new inductee visit:

Pour plus d'information au sujet de nos membres au Temple de la renommée ou pour proposer la candidature d'un athlète, visitez le site :

**[www.runnb.ca/General/hall-of-fame.php](http://www.runnb.ca/General/hall-of-fame.php)**



## RunNB's Celebration of Running and Walking 2011

**Saturday, November 19<sup>th</sup>, 2011**  
**Fredericton, NB**

Check RunNB website for more information.

### Agenda includes:

- ★ Informal time for runners to chat
- ★ Supper (different choices available)
- ★ RunNB Super Series 2011 awards  
(Age groups Top 3)
- ★ RunNB Special awards
- ★ Slide production from 2011 races
- ★ Draw prizes!

## La célébration de CourseNB de la course et de la marche 2011

**Samedi, le 19 novembre 2011**  
**Fredericton, N.-B.**

Voir le site de CourseNB pour plus d'information.

### Agenda:

- ★ Socialisation informelle
- ★ Souper (divers choix disponibles)
- ★ Prix CourseNB Super Series 2011  
(3 premiers des groupes d'âges)
- ★ Prix spéciaux CourseNB
- ★ Diaporama des courses de 2011
- ★ Prix de participation!

## 2010 Award Recipients / Récipiendaires des prix 2010

### Up and Coming Runners of the Year / Coureur de l'année qui promet



Tanya Johnson, Fredericton



Jim Johnson, Fredericton

### Runners of the Year / Courreurs de l'année



Paula Keating, Miramichi



Dean Stowbridge, Saint John

### Inspirational Person of the Year / Personnalité inspirante de l'année



Daryl Steeves, Saint John

### Event of the Year / Événement de l'année



Hampton Five Miler, Hampton, NB

### Walker of the Year / Marcheur de l'année



Bob Bardsley, Saint John

### Personal Achievement Award / Prix d'accomplissement personnel



Raymond Caisse, Richibucto

**Run NB will hold their AGM in the afternoon before the banquet.  
More information to follow on [www.runnb.ca](http://www.runnb.ca)**

**Course NB tiendra son AGA en après-midi avant le banquet.  
De plus ample information sera disponible au [www.runnb.ca](http://www.runnb.ca).**

**2010 SUPER SERIES AGE CATEGORY WINNERS**  
**GAGNANTS PAR CATÉGORIES D'ÂGES SUPER SERIES 2010**

CAT.	NAME/CITY	POINTS	CAT.	NAME/CITY	POINTS
- 19	Ben Adams, Saint John	462	- 19	Kristine Howie, Fredericton	470
20-29	Jim Johnson, Fredericton	655	20-29	Tanya Johnson, Fredericton	615
30-39	Dean Strowbridge, Willow Grove	950	30-39	Gina Hyslop, Kingston	531
40-49	Glenn Trites, Rothesay	510	40-49	Marta Kelly, Saint John	634
50-59	Robert Jackson, Fredericton	795	50-59	Ann Flynn, Fredericton	720
60-69	Phil Booker, Fredericton	833	60-69	Maryse Jacob, Shediac	600
70+	Frank Kelly, Saint John	800	70+	Helga Lobb, Hampton	100

**2011 RUNNING ROOM SUPER SERIES RACES**  
**COURSES SUPER SÉRIES RUNNING ROOM 2011**

SS	DATE	RACE	LOCATION	RACE	PAGE
#1	APR 17	LINCOLN 5K ROAD RACE (PROV. 5KM)	LINCOLN, NB	#04	10
#2	APR 30	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	#07	11
#3	MAY 8	FREDERICTON MARATHON (PROV. MARATHON)	FREDERICTON, NB	#08	12
#4	MAY 14	YSJ-10K / 5K / KIDS FUN RUN	SAIN JOHN AIRPORT, NB	#09	12
#5	MAY 21	CST. BRUCE HADLEY RELAY	FREDERICTON, NB	#11	13
#6	JUNE 4	RIVER VALLEY RAVE RUN	GRAND BAY WFLD, NB	#15	14
#7	JUNE 5	MARATHON DE LA BAIE DES CHALEURS	DIEPPE, NB	#17	15
#8	JUNE 11	CHALEUR BANQUE NATIONALE	CHARLO, NB	#19	16
#9	JUNE 12	CATCH THE BUG	BERESFORD, NB	#20	16
#10	JUNE 18	ARMY 10 K	SAIN JOHN, NB	#21	16
#11	JUNE 19	ST. ANDREWS FATHER'S DAY ROAD RACE	CFB GAGETOWN, NB	#22	17
#12	JUNE 25	10KM RHÉAL-HACHE	ST. ANDREWS, NB	#23	17
#13	JULY 1	CANADA DAY 10-MILER	SAIN JOHN, NB	#25	18
#14	JULY 2	CROSS BORDER CHALLENGE	AMHERST, NS	#26	18
#15	JULY 3	SPORTCHEK MIRAMICHI ROCK 'N RUN	MIRAMICHI, NB	#28	20
#16	JULY 9	GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#29	20
#17	JULY 9	COURSE À PIED « BON COEUR »	SAIN-QUENTIN, NB	#30	20
#18	JULY 16	COURSE CLARENCE BASTARACHE	BOUCTOUCHE, NB	#33	21
#19	JULY 30	JOE MCGUIRE ROAD RACE	WOODSTOCK, NB	#35	23
#20	JULY 31	BRAYONS COURS	EDMUNDSTON, NB	#36	23
#21	AUG 1	CHIPMAN NEW BRUNSWICK DAY ROAD RACE	CHIPMAN, NB	#37	24
#22	SEP 3	UNB RACE AGAINST THE REDS	FREDERICTON, NB	#41	22
#23	SEP 4	DEMI-MARATHON SAINT FRANCOIS	SAIN FRANCOIS, NB	#42	22
#24	SEP 11	HAMPTON 5-MILER (PROV. 5MI)	HAMPTON, NB	#44	28
#25	SEP 18	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	#45	28
#26	SEPT 25	FALL CLASSIC ROAD RACE (PROV. 10K)	FREDERICTON, NB	#46	29
#27	OCT 1	THE DAM RUN	PERTH-ANDOVER, NB	#47	29
#28	OCT 16	KENNEBECASIS VALLEY CHALLENGE MARATHON	ROTHESAY, NB	#49	30
#29	OCT 23	LEGS FOR LITERACY (PROV. 1/2 MARATHON)	MONCTON, NB	#50	32

**2011 TIMEX SERIES RACES / COURSES SÉRIES TIMEX 2011**

DATE	RACE	LOCATION	RACE	PAGE	
#1	APR 30	GRANDE DIGUE 15KM	GRANDE-DIGUE, NB	#07	11
#2	JUN 4	RIVER VALLEY RAVE RUN	GRAND BAY-WFLD, NB	#15	14
#3	JUN 11	10KM CHALEUR BANQUE NATIONALE CKLE	BERESFORD, NB	#19	16
#4	JUL 2	CROSS BORDER CHALLENGE	AMHERST, NS	#26	18
#5	JUL 9	GEORGE GALLANT ROAD RACE	SHEDIAC, NB	#29	20
#6	AUG 27	10KM CAISSE POPULAIRE ACADIE	CARAQUET, NB	#40	26

# 2011 Races at a Glance

## Survol des courses

#1	MAR 27	RUN TO GRAND BAY	GRAND BAY-WFLD, NB	SANCTIONED
#2	APR 16	ST. STEPHEN SIDEWALK SURVIVAL FUN RUN	ST. STEPHEN, NB	SANCTIONED
#3	APR 16	ASEA 1-MILE ROAD RACE	SHEDIAC, NB	SANCTIONED
#4	APR 17	LINCOLN 5K ROAD RACE (PROV. 5KM)	LINCOLN, NB	SUPER SERIES
#5	APR 17	ROTHESAY SPRING FLING	ROTHESAY, NB	SANCTIONED
#6	APR 30	BRENT KELLY MEMORIAL RUN/WALK	SAIN T JOHN, NB	SANCTIONED
#7	APR 30	15 KM DE GRANDE-DIGUE	GRANDE-DIGUE, NB	SS / TIMEX
#8	APR 30	FREDERICTON MARATHON (PROV. 42.2KM)	FREDERICTON, NB	SUPER SERIES
#9	MAY 14	YSJ-10K / 5K & KIDS FUN RUN	SAIN T JOHN AIRPORT, NB	SUPER SERIES
#10	MAY 15	DAVE MACAULAY 5K FOLLY	SACKVILLE, NB	SANCTIONED
#11	MAY 21	CST. BRUCE HADLEY RELAY FOR HEART	FREDERICTON, NB	SUPER SERIES
#12	MAY 28	WALK OF LIFE / MARCHE DE LA VIE	MONCTON, NB	SANCTIONED
#13	MAY 29	TELUS RUN TO CURE DIABETES	OROMOCTO, NB	SANCTIONED
#14	MAY 29	LAKEFIELD FAMILY FUN RUN	QUISPAMSIS, NB	SANCTIONED
#15	JUN 04	RIVER VALLEY RAVE RUN	GRAND BAY-WFLD, NB	SS / TIMEX
#16	JUN 05	TOUR DE LA RIVIERE LUCIA CORMIER	SAINTE-MARIE DE KENT	SS / TIMEX
#17	JUN 05	MARATHON DE LA BAIE DES CHALEURS	CHARLO, NB	SUPER SERIES
#18	JUN 11	K-PARK 5K	ROTHESAY, NB	SANCTIONED
#19	JUN 11	10 KM CHALEUR BANQUE NATIONALE CKLE	BERESFORD, NB	SS / TIMEX
#20	JUN 12	CATCH THE BUG ROAD RACE	SAIN T JOHN, NB	SUPER SERIES
#21	JUN 18	ARMY 10K	CFB GAGETOWN, NB	SUPER SERIES
#22	JUN 19	ST. ANDREWS FATHER'S DAY ROAD RACE	SAIN T Andrews, NB	SUPER SERIES
#23	JUN 25	10 KM RHÉAL-HACHE	ST-ISIDORE, NB	SUPER SERIES
#24	JUN 26	TEAM ATLANTIC MIDGET GIRLS LACROSSE 5K	SAIN T JOHN	SANCTIONED
#25	JUL 01	CANADA DAY 10 MILER	GRAND BAY-WFLD, NB	SUPER SERIES
#26	JUL 02	CROSS BORDER CHALLENGE	AMHERST, NS	SS / TIMEX
#27	JUL 03	POTATO FESTIVAL 5K	GRAND FALLS, NB	SANCTIONED
#28	JUL 03	SPORT CHEK MIRAMICHI ROCK 'N RUN	MIRAMICHI, NB	SUPER SERIES
#29	JUL 09	GEORGE GALLANT ROAD RACE	SHEDIAC, NB	SS / TIMEX
#30	JUL 09	COURSE A PIED «BON COEUR»	SAINTE-QUENTIN, NB	SUPER SERIES
#31	JUL 10	EMERA BRUNSWICK PIPELINE GREEN SPACE	SAIN T JOHN, NB	SANCTIONED
#32	JUL 16	GRAND MANAN BOYS & GIRLS CLUB RACE	GRAND MANAN, NB	SANCTIONED
#33	JUL 16	COURSE CLARENCE BASTARACHE RUN	BOUCTOUCHE, NB	SUPER SERIES
#34	JUL 23	BE THE ONE	MONCTON, NB	SANCTIONED
#35	JUL 30	JOE MC GUIRE ROAD RACE	WOODSTOCK, NB	SUPER SERIES
#36	JUL 31	BRAYON COURS	EDMUNDSTON, NB	SUPER SERIES
#37	AUG 01	CHIPMAN NB DAY ROAD RACE	CHIPMAN, NB	SUPER SERIES
#38	AUG 06	JOHNSON'S INTERNATIONAL 5 MILER	CALAIS, USA	SANCTIONED
#39	AUG 14	MARATHON BY THE SEA	SAIN T JOHN, NB	SANCTIONED
#40	AUG 27	10KM - CAISSE POPULAIRE ACADIE	CARAQUET, NB	TIMEX
#41	SEP 03	UNB RACE AGAINST THE REDS	FREDERICTON, NB	SUPER SERIES
#42	SEP 04	DEMI-MARATHON SAINT-FRANCOIS	SAINT-FRANCOIS, NB	SUPER SERIES
#43	SEP 10	FETE AU VILLAGE - CHARLO - FALL FAIR	CHARLO, NB	SANCTIONED
#44	SEP 11	HAMPTON 5 MILER (PROV. 5MI)	HAMPTON, NB	SUPER SERIES
#45	SEP 18	FUNDY ROCKS HALF MARATHON	ST MARTINS, NB	SUPER SERIES
#46	SEP 25	FALL CLASSIC ROAD RACE (PROV. 10KM)	FREDERICTON, NB	SUPER SERIES
#47	OCT 01	THE DAM RUN	PERTH-ANDOVER, NB	SUPER SERIES
#48	OCT 09	MARATHON LUC GALLANT	KOUCHIBOUGUAC, NB	SANCTIONED
#49	OCT 16	KENNEBECASIS VALLEY MARATHON	ROTHESAY, NB	SUPER SERIES
#50	OCT 23	ASTRA ZENECA LEGS FOR LIT. (PROV. 21.1KM)	MONCTON, NB	SUPER SERIES
#51	OCT 29	CREEPY CRAWL 5K	SAIN T JOHN, NB	SANCTIONED

EVENTS ARE SUBJECT TO CHANGE. ALWAYS CHECK WITH THE CONTACT PERSON AND REFER TO OUR WEB SITE FOR UPDATES.

RACE	NOTES & COMMENTS	FINISH TIME
#1		
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#51		



- ★ Road Race & Triathlon Timing
- ★ Online Registration & Results
- ★ ChampionChip Timing at event
- ★ Real-time results during the event

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